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From the Editor's desk:

We are well into our busy winter schedule at the Centre with many more exciting events planned into the spring. Please check carefully so you don't miss anything. Also, be sure your activity contact person has information on how to reach you in case of a cancellation or an unexpected change in plans.

Travel Club is still going strong with a number of exciting trips confirmed and several more in the planning stages. **Pot luck lunches** are as delicious as ever. Please note that the date for our April lunch is a week early due to Easter. **Movie Night** will take place in March, April and May with titles to be announced closer to the dates. **Spring Cleaning** time, can you believe it? This will take place the last Friday in April.

We are also offering some **information sessions** for you. There will be a two-part Estate Planning session in April as well as an information session on Retirement Homes in May.

I would like to thank the photographers who make our newsletter so interesting. Photo credits go to Jack Brooks, Betty Coles, Bob Phillips, and Dianne Wear. If you have photos from any of our activities, please send them to me. I cannot guarantee that all will be used but I will include as many as possible.

Good luck to all our members who will be participating in the 55+ games in May and June.

For the most up-to-date information about Club activities, be sure to check out the King Weekly Sentinel as well as our website. You will find full colour copies of our newsletters on line along with other Club news.

If you would prefer to receive your newsletter by email, please contact me with your address.

Carolyn Kanitz (carol-kanitz@rogers.com)

In Memoriam

With sorrow we have learned of the passing of the following members of King City Seniors. We extend our sincere condolences to the family and friends of

Rena Annie Gordon
Jean Kirby (nee Hadwen)

Highlight – Social Secretary

As social secretary, Jane Hepworth sends greetings, thank you notes, get well notes and messages of condolence on behalf of the King City Seniors to our members. If you know of someone for whom these notes would be appropriate, please give Jane a call at 905-833-5870.

King City Seniors Community Board Members 2019



Front: Jane Hepworth, Kay Brooks, Carol Field, Vic Warner, Susan Phillips
Back: Jayne Rector, Laura Campbell, Carolyn Kanitz, Frank Moskoff, Toni Palma,
Agnes Carrey, Mary, Aldcroft, Jim Curran, Sheila Croker

Travel Club News

Your Travel Club is pleased to announce that many exciting trips have been planned for 2019. Many of the trips are very popular so register early to secure your seat. You may register for any of these trips at the pot luck lunches or by contacting:

Agnes Carrey 905-841-7390 or Jayne Rector 905-853-1436



Thursday, March 28, 2019 – Fallsview Casino

This trip is strictly a destination trip. There will be no stops on the way to Niagara's Fallsview Casino. Each participant will receive a \$10 voucher for use in the Casino.

If you would prefer to spend time on your own in Niagara Falls, rather than visit the Casino, you are welcome to do so.

Cost - \$20 per person

Depart: Coach leaves the arena at 8:00 am



Thursday, June 27, 2019 – Lunch Cruise and Blazing Fiddles Show

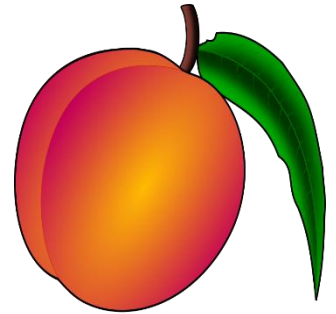
Begin your day in 'The Landing' with a complimentary coffee. Enjoy an interesting audiovisual presentation about the Grand River followed by a fabulous live music show featuring 'The Blazing Fiddles'. You will then embark on a 3-hour cruise and enjoy a scrumptious 3-course roast beef lunch. During the cruise your captain will give an informative commentary. Refreshments are served before returning to dock.

Depart: Coach Leaves arena at 9:00am

Cost - per person \$110

Saturday, August 10, 2019 – Niagara-on-the-Lake Peach Festival

Come and join the celebration which pays tribute to the growers and those who promote fresh peaches, with entertainment, live music, food vendors, historical displays and much more on Queen Street. What a great time to visit Niagara-on-the-Lake, where everything is peachy. Lunch will be at the Prince of Wales Hotel. We will also go to Niagara Falls and enjoy some free time with a stop at the Botanical Gardens 'Floral Clock' and then we will head to Peach Country Farm Market for browsing and shopping.



Depart: Coach leaves the arena at 9:00am.

Cost - per person \$99

Happenings Around the Centre

Join Us for Pot Luck Lunches



What better way to get rid of the winter blahs than eating great food with good friends. Be part of the group by bringing either a main course dish (salad, casserole etc.) or a dessert. The lunches begin at 12:30 pm.

The next lunches will be held at the Centre on: Friday, March 15;

Friday, April 12 (note this is the second Friday due to Easter); Friday, May 17.



Movie Night will continue on Wednesday, March 6 at the Centre. Doors open at 6:30 pm and the movie starts at 7:00 pm. Admission by donation.

The next movie nights will be Wednesday, April 3 and Wednesday, May 1.

Check the newspaper or the website to see what movie will be playing at each session.

We are looking at some of the following choices: Crazy Rich Asians, A Star is Born, The Mule, The Favourite, and Green Book.

Contact: Carolyn Kanitz at 905-833-0792



FRIDAY, APRIL 26

It is time for our annual clean up at the Centre. We need volunteers for both inside and outside duties.

Start time is 9:00 am and goes to noon. Please join us whenever you can.

Inside Volunteers call Mary Aldcroft at 905-833-0448

Outside Volunteers call Kay Brooks at 905-833-5555

Coffee, tea and snacks will be provided for volunteers.

Estate Planning

A two-part estate planning seminar will be offered to our members by estate planning specialists from RBC.

The first session will be on Thursday, April 4 from 2:00 – 3:30pm.

The second session will be on Wednesday, April 10 from 9:30 – 11:00am.

Light refreshments will be provided by RBC.

Retirement Homes

You are invited to attend a seminar on retirement homes presented by Mary Allen from Shop Retirement Homes.

The session will take place on Wednesday, May 8 from 10:00 – 11:30 am at the Centre.

Session Focus:

- What is a retirement home?
- Reasons why you move to a retirement home and the costs.
- What is included in a retirement home suite.

Session goals:

- To provide a better understanding of the different types of retirement homes.
- To provide information on resources available.

As a follow up to this information session, we hope to have a Retirement Home Fair in June. An invitation will go out to retirement homes in the area to meet at the Centre so that you can visit each display and learn about the features of the many homes within our area.

Puzzle Page

DELICIOUS DESSERTS

Find and circle all of the desserts that are hidden in the grid.

The remaining letters spell a secret message.

B S E W H G N I D D U P D A E R B E E E N
R R I S Y C A R R O T C A K E F D S K R F
O I P O T U H A M L A R E P L A S A T E U
W A E R F R V E E A E E S A E U C R L L D
N L L I A O A M E S E I N R O T I C P B G
I C P N L I O T L S R R B M R F G I L B E
E E P V S N S L R C E R C O L T R N U O L
S S A E B S A I E E E C H E S E S N M C T
M P E A D B E L N G T S A C C B N A S H T
A O R U M S P L N P Y T H K A I O M Q C I
J S N U G P S I B R U O U N E O O O U A R
E T R K A N G A R M C D A B A L R N A E B
L U I T E I I E D O U N D M O N A R R P T
L E G R I Y B R L A A R B I L S C O E B U
Y A E P A W B A E S N R C E N R A L S A N
R D L A A M T R P M O A D T E G M L S K S
O N A R T E I L E S R U P P I E S S S L O
L U T F C E I S I A R D E M S U P E L A R
L S O A L T E A U T D S D S E T R O T V B
S B K I A C A K S A L A D E K A B F K A E
W E A T R P I N E A P P L E D E L I G H T
D S C R E M E B R U L E E P A S T R I E S

- | | | | |
|----------------|----------------|---------------|-----------------------|
| AMBROSIA | CINNAMON ROLLS | JELLY ROLLS | PINEAPPLE DELIGHT |
| APPLE CRISP | CREME BRULEE | LEMON BARS | PLUM SQUARES |
| APPLE PIE | CREPES | MACAROONS | RAISIN PUDDING |
| BAKED ALASKA | ECLAIRS | MERINGUES | RUM BALLS |
| BAKLAVA | EMPANADAS | MONKEY BREAD | SORBET |
| BANANA SPLIT | FLAN | MOUSSE | STRAWBERRY SHORT CAKE |
| BREAD PUDDING | FRUIT CRUMBLE | NUT BRITTLE | STRUDEL |
| BROWNIES | FUDGE | PARFAIT | SUNDAE |
| BUTTER TARTS | GELATO | PASTRIES | TIRAMISU |
| CARROT CAKE | GINGERBREAD | PAVLOVA | TORTES |
| CHEESE CAKE | ICE CREAM | PEACH COBBLER | TRIFLE |
| CHOCOLATE CAKE | | | |

Activity Programs

Monday	
9:30 am - Zumba	The fee for ten lessons is \$40.00 payable on registration. You may join at any time and pay only for the remaining classes at \$4.00 per class. Contact: Lori Checkowy – 905-833-0194
1:00 pm - Int. Bridge	You do not need to bring a partner for these games as we arrange the tables. Contact: Alice Summers – 905-508-7509
7:30 pm - Badminton	King City Public School gym. We'll teach you how to play and provide you with a racquet. The fee is \$1.00. Contact: Vic Warner – 905-833-3510

Tuesday	
9:30 am - Line Dancing	Come out and kick up your heels! Enjoy a great workout with great music and good friends. Contact: Carol Field – 905-833-3324
11am	Beginners classes Contact: Lynne Fonseco - 416-617-2910
10:00 am - 5 pin Bowling	We bowl at the Richmond Hill Pro Bowl Lanes. The fee is \$5.25 for three games and bowling shoes are free. Contact: Mary McDougall – 905-833-5281
1:00 pm - Bid Euchre	This is a year-round program. If you are new to the game, we will gladly help you learn. Contact: Rita Cancelli – 905-833-6305

Wednesday	
1:00 pm Novice Bridge	Everyone is warmly welcome. Come out and learn to play. Contact: Carol Field – 905-833-3324
2:00 pm - Horseshoes	This is a seasonal event but one that is part of the Seniors' Games. Contact: Giancarlo Bresolin – 905-773-5982
6:30 pm - Movie Night (Oct, Nov, Feb – May)	First Wednesday of the month – doors open at 6:30 pm, show starts at 7:00 pm. Admission by donation. Contact Carolyn Kanitz – 905-833-0792

Thursday	
9:30 am - Gentle Motion	A popular exercise class similar to, but gentler than, Tai Chi. Contact: Rita Cancelli – 905-833-6305
1:00 pm - Carpet Bowling	Held year round upstairs at the arena. Contact: Rita Cancelli – 905-833-6305

Friday	
9:00 am - Pickleball	We meet in the gym at the new Township Offices for this exciting game. Contact: Vic Warner – 905-833-3510
9:30 am– Art Class	If you would like to develop your creative side under the guidance of an experienced artist, consider joining our art class. Contact: Carol Field – 905-833-3324
7:00 pm - Euchre	Traditional euchre is played year-round every other Friday at the Centre. The fee for members is \$2.50. Contact: Betty Coles – 905-833-5380

KING CITY SENIORS' CENTRE COMMUNITY BOARD MEMBERS

Chair	Carol Field	905-833-3324
Assistant Chair	Susan Phillips	905-859-4583
Recording Secretary	Kay Brooks	905-833-5555
Treasurer Liaison	Mary Aldcroft	905-833-0448
Kitchen Convenor	Mary Aldcroft	905-833-0448
Membership Convenor	Carol Field	905-833-3324
Social Convenors	Sheila Croker Toni Palma	905-833-5579 905-833-6379
Travel Convenors	Agnes Carrey Jayne Rector	905-841-7390 905-853-1436
Program Convenor	Vic Warner	905-833-3510
Communications Convenor	Carolyn Kanitz	905-833-0792
Social Secretary	Jane Hepworth	905-833-5870
Horticulture Convenor	Kay Brooks	905-833-5555
Member At Large	Frank Moskoff	905-833-0796
Parks and Recreation Rep	Laura Campbell	905-833-6556
Township Rentals	Chesney Alexander	905-833-6561
King City Lions' Club Rep	Jim Curran	416-823-4936

Address – 30 Fisher Street, King City ON L7B 1G3 **Phone** – 905-833-2824

Website – www.kingcityseniors.ca

Reminders

 March	<p>Wednesday 6th – Movie Night, doors open 6:30 pm, movie starts 7:00 pm</p> <p>Tuesday 12th – Pancake supper 4:30 and 6:00 pm sittings</p> <p>Friday 15th – Pot Luck Lunch 12:30 pm</p> <p>Sunday 17th – Happy St. Patrick's Day</p> <p>Thursday 28th – Fallsview Casino - coach leaves 8:00am</p>
 April	<p>Wednesday 3rd - Movie Night, doors open 6:30 pm, movie starts 7:00p m</p> <p>Thursday 4th – Estate Planning Part 1 - 2:00 – 3:30 pm</p> <p>Wednesday 10th – Estate Planning Part 2 - 9:30 – 11:00 am</p> <p>Friday, 12th - Pot Luck Lunch 12:30 pm</p> <p>Friday 19th – Good Friday</p> <p>Sunday 21st - Easter</p> <p>Friday, 26th - Clean Up Day from 9:00 am to noon</p>
 May	<p>Wednesday 1st - Movie Night, doors open 6:30pm, movie starts 7:00pm</p> <p>Wednesday 8th – Retirement Home Seminar - 10:00 – 11:30am</p> <p>Sunday 12th – Happy Mothers' Day!</p> <p>Friday, 17th – Pot Luck Lunch 12:30 pm</p> <p>Monday 20th – Victoria Day</p>

Looking Ahead:

June – Annual BBQ, Lunch Cruise & Blazing Fiddles Show
August - Peach Festival