

Mountain Biking and BMX

- Centennial Park** north of King City is a little hidden treasure of a ride. It may be a short ride at 5 km but the trail is all single track built for mountain bike riding. Suitable for riders of all levels, the trail is best for beginners looking for one of the closer, central rides north of Toronto.
- Joyride 150** is one of the largest indoor cycling facilities in North America. BMX and mountain biking riders come to this Markham facility from across Ontario and around the world. With over 100,000 square feet of space, this indoor all-season multi-discipline facility offers bike rentals, safety equipment and instruction. Riders of all ages and skill levels are welcome.
- The ROC**, Recreational Outdoor Campus, combines mountain biking and BMX close to Lake Simcoe in the Town of Georgina. The 5 km North Shore Trails consist of challenges for both intermediate and advanced riders. The adjacent bike park consists of three sections – dirt jumps, pump track and the learning area.
- The York Regional Forest Brown Hill Trail** features approximately 15 km of tight flowing, single track trails on undulating terrain. This challenging course also has stunt features like teeter-totters, bridges and big drops.
- Bruce's Mills** - The new BMX track, which meets international standards, is a thrill for experienced riders! The track has nine obstacles and a rhythm section, and is the perfect sport for experienced riders seeking action, speed and fun!



York Region has excellent options for mountain biking and BMX cyclists



Routes at a glance

All-Terrain Ride - 48 km
Total climb - 362 m



The Butter Tart Ride - 18 km
Total climb - 130 m



Group of Seven Trails - 72 km
Total climb - 344 m



Main to the Moraine - 60 km
Total climb - 337 m



Pedal to the Kettle - 52 km
Total climb - 283 m



Simcoe Beaches - 66 km
Total climb - 222 m



Tour de Holland - 68 km
Total climb - 383 m



Markham Town and Trail - 28 km
Total climb - 121 m



Village Roundabout - 58 km
Total climb - 507 m



York Century - 100 km
Total climb - 347 m



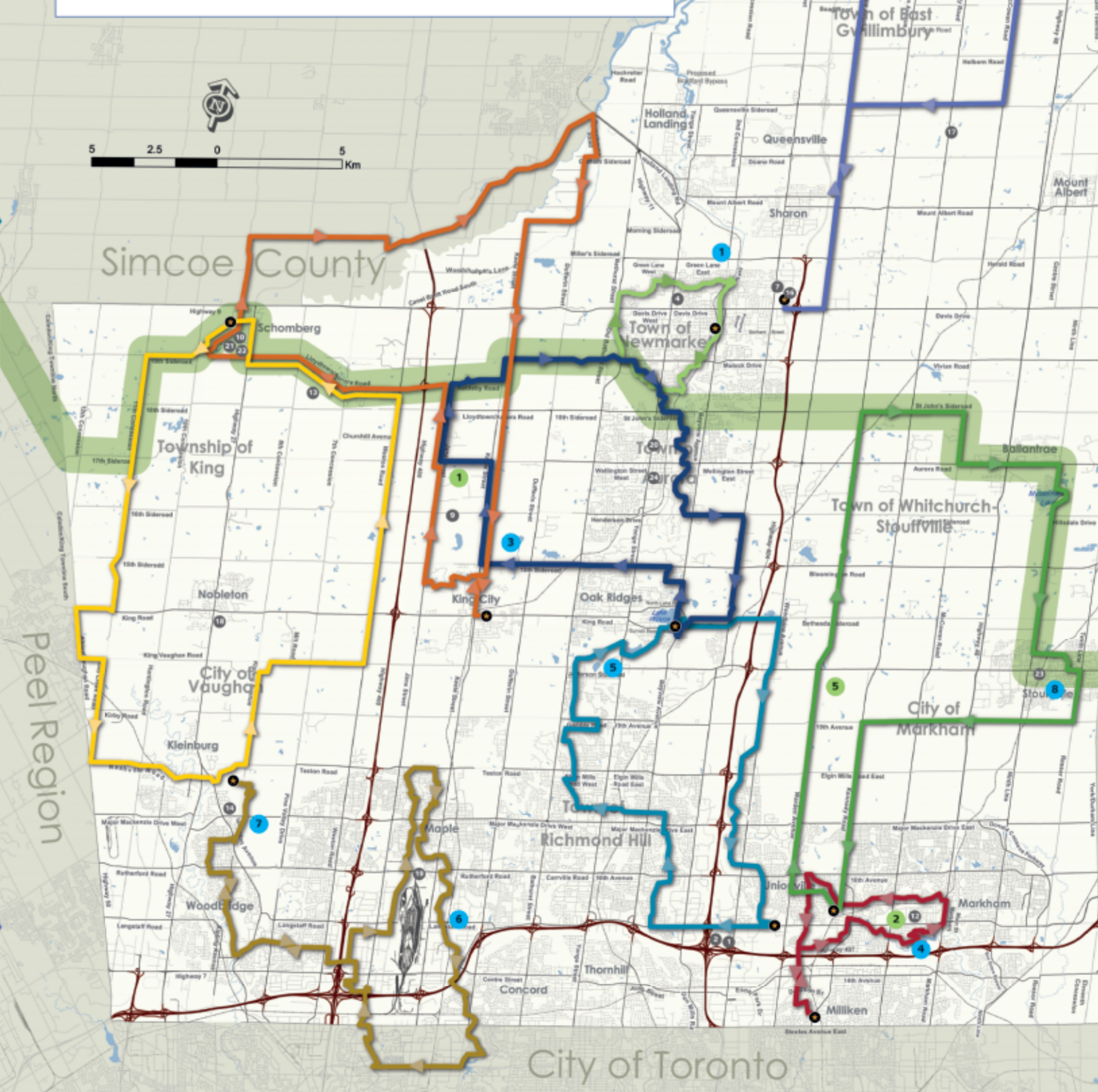
Greenbelt Route

Ontario By Bike
Stop at certified bike-friendly places to eat, visit, and sleep!

Participating businesses in York Region

1 Comfort Inn Markham	11 Pathways to Perennials: Blossom Cafe® L.L.B.O.
2 Delta Markham	12 The McMichael Canadian Art Collection
3 Hilton Suites Toronto/Markham Conference Centre & Spa	13 The ROC - Recreational Outdoor Campus
4 Best Western Voyageur Place Hotel	14 Comfort Inn Newmarket
5 The Cottage Suite Accommodations	15 Bare Oaks Family Naturalist Park
6 The Briars Resort Conference Centre SPA	16 The Mobile Bike Shop Ltd
7 Spoke O'Motion	17 Spin Kicks Cycle & Fitness
8 Board to Gears	18 Trek Bicycle Store of Aurora
9 Pine Farms Orchard & Bakery	19 Grackle Coffee Company
10 The Schomberg Pub & Patio	20 Sheena's Kitchen
11 Lakeview Grocery and Ice Cream	21 York-Durham Heritage Railway
12 Joyride 150	22 Aurora Cultural Centre

For more information, visit ontariobybike.ca/york



A Message from the York Region Chairman and CEO

On behalf of the Regional Municipality of York and the members of York Regional Council, I invite visitors and residents to explore York Region by bicycle.

There are many on and off-road cycling routes that run from our border with Toronto in the north to the shores of Lake Simcoe in the south up to the shores of Lake Simcoe in the north. These provide cyclists of all ages and abilities with an opportunity to stay active and explore the Region's natural beauty.

In York Region there is an abundance of natural resources including wetlands, kettle lakes, regional forests, farms and the Oak Ridges Moraine. With roots in the agricultural communities of the past and a widely diverse population, our nine municipalities offer a unique blend of rural charm and urban amenities.

York Region has a lot to offer cycling enthusiasts. On-road cycle routes are growing in popularity and attracting an increasing number of urban cyclists looking for quiet and more scenic areas. Off-road cyclists are riding through our major valleys and along our waterways, and in a growing number of cases, utilizing Canada's first indoor bike park.

If you want to break up your ride, I encourage you to visit one of the many museums and galleries in York Region, or attend the more than 125 performing arts festivals and events that celebrate music, art, and food throughout the year.

Come and experience cycling in York Region and have an adventure to remember!

Yours truly,
Wayne Emmerson
York Region Chairman and CEO

YORK REGION CYCLING TOUR MAP



For more information and to download GPS or PDF versions of this map please visit York.ca/cycling

See. Be Seen. Be Predictable

Respect each other and share the road

Motorists and Cyclists

For more information visit York.ca/cycling

Contributing photographers: Rick Harris, Steve Hill, Bill Manolatos, Mc Bratton, Shirley Angers, Elisabeth Hirsch, Elena Shorn, Andy Vahes, Philip The, Ashley Durkin, Jake Lanoue.



Family Cycling

Bike Paths & Park Trails

Given that protected Oak Ridges Moraine takes up a large percentage of York Region, you will find forests, trails, parks and greenway bike paths in abundance. Families can feel safe cycling with children in York Region's many traffic-free settings. Numerous conservation areas are also a great choice for combining family cycling with stunning natural scenery and a wide range of activities suitable for kids and adults alike.

All nine of York Region's municipalities have extensive trail networks. They offer safe, scenic paths that are within or close to urban areas. Whether you already live in the area or are visiting, you can expect to have cycling options close at hand. Check out the York Region Trail Guide available summer of 2016.