## Senior (55+) Drop-in Programming (May -J une 2024)

All senior drop-in programs have an activity fee of \$1.00 for members and \$2.00 for non-members, unless otherwise specified. Specialty programs will be at an additional cost. Scheudle is subject to change at any time. Visit king.ca/seniors or call 905-833-6565 for more information on senior memberships, trips and programs.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>DROP-IN PICKLEBALL</b> \$2.00 / 55+ Participant	Beginner & Int./Adv. 6:00pm – 10:00pm Kettleby Public School 1 Court - Beginner 1 Court - Int./Adv. 16 Max Participants EXCLUSION: MAY 20 Open Play 6:00pm – 8:00pm King City Secondary School 2 Courts 16 Max Participants EXCLUSION: MAY 20	Beginner & Int./Adv. 6:00pm - 8:00pm King City Public School 2 Courts - Beginner 1 Court - Int./Adv. 20 Max Participants For more information on pickleball drop-in's visit king.ca/dropinprograms	<b>Open Play &amp; Int./Adv.</b> 6:00pm – 8:00pm <b>Nobleton Public</b> <b>School</b> 3 Courts - Open Play 1 Court - Int./Adv. 32 Max Participants	Beginner Picklebll LeaguesKing City Public School (8:00pm - 10:00pm)#20932 08-Apr-24 - 10-Jun-24#20933 09-Apr-24 - 11-Jun-24Nobleton Public School (8:00pm - 10:00pm)#20934 Apr-10-24 - 12-Jun-24Pickleball - Learn to Play I#20935 08-Apr-24 - 10-Jun-24 - King City Public School (6:00pm - 7:00pm)#20936 08-Apr-24 - 10-Jun-24 - King City Public School (7:00pm - 8:00pm)These programs are facilitated in partnership with Elevation Athletics. For more information or to register please go to townshipofking.perfectmind.com			
KING CITY SENIORS CENTRE	Mobility Matters   10:00am-11:00am   11:00am-11:45am   Music & Movement   12:30pm-1:15pm   Cribbage   1:30pm-4:00pm   Knitting/Crochet   1:30pm-4:00pm   EXCLUSION: MAY 20	Line Dancing 9:30am-11:00am Bid Euchre 1:00pm-4:30pm	Mobility Matters 10:00am-11:00am 11:00am-11:45am Bridge/Board Games 1:00pm-4:00pm	<b>Gentle Motion</b> 9:30am-11:00am <b>Carpet Bowling</b> 1:00pm-4:00pm	Art Class (2nd and 4th Friday) 9:00am-11:00am \$11 fee EXCLUSION: MAY 24 Progressive Euchre 1:00pm-4:30pm	UPCOMING EVENTS Rock Painting for your Garden with Angela Del Borrello May 16, 10am - Nobleton Arena How to Make your Home Safe May 17, 10am - King City Seniors Centre	
NOBLETON ARENA	<b>Mobility Matters - Free</b> 1:00pm – 1:45pm EXCLUSION: MAY 20			Presentations/Workshops May 16: Rock Painting May 23: Elder Abuse May 30: IG Wealth Management	<b>Mobility Matters</b> 1:00pm – 1:45pm	May 23, 10am Cookie Decorating witl May 23, 10an Retiremer	Scams, & Financial Abuse - Nobleton Arena n Liz the Cookie Duchess n - Trisan Centre nt Consultant
TRISAN CENTRE	<b>Mobility Matters</b> 2:15pm - 3:00pm EXCLUSION: MAY 20			Carpet Bowling 1:00pm-3:00pm Presentation/Workshop May 23: Cookie Decorating	<b>Mobility Matters</b> 2:15pm – 3:00pm	May 27, 10am - Pottageville Pavillion IG Wealth Management May 30, 10am - Nobleton Arena Hike, Lunch, and Walk May 30, 10am - Cold Creek Conservation Area	
	Walk and talk on the indoor track from 9:00am - 10:00am (Mon - Sun) This time is designated as a free walking time on the track for seniors use only.					Trivia Game Day	
SCHOMBERG HALL	Presentation/Workshop June 10: Ageism Presentation	<b>Bridge</b> 1:00pm-3:30pm				May 31, 10am - King City Seniors Centre CPR and How to Use a Defibrillator June 6, 10am - Nobleton Arena Ageism Presentation with Jenna Wickens June 10, 10am - Schomberg Community Hall	
55+ Shinny & Public Skate	55+ Shinny and free public skating available for 55+ at various locations and times. Visit king.ca/dropinprograms for more information.					Niagara-on-the-Lake Trip June 25 - Bus departs at 8:30am from King Arena	

