

King is Hiring AquaFit Instructor

(Part Time/Contract)

King Township is an idyllic countryside community of communities, proud of its rural, cultural, and agricultural heritage. We are respected for treasuring nature, encouraging a responsible economy, and celebrating our vibrant quality of life. As an organization, we are focused making life better in King, and enriching the lives of all those who live, work, and visit King Township by providing quality services and experiences.

Reporting to the Lead Hand – Aquatics and Inclusion Services, the AquaFit Instructor is responsible for the following:

- To be a role model and a positive motivating instructor to participants.
- Facilitates, leads and supervises cutting edge group Aqua fitness exercise classes and programming that meets the individual needs of participants.
- Utilizes innovative teaching strategies that will maximize participant success.
- Assist in maintaining high safety supervision at all times.
- Observes participant capabilities and teaches program approach as outlined in program description. May adjust Aqua fitness program content specific to the abilities of each group.
- Be a supportive team member by covering classes in case of an absence.
- Organize equipment and materials before and after each class.
- Ensure music and equipment provided at facilities are prepared before class and used in the program.
- Teach scheduled classes beginning and ending on time, providing adequate warmup, exercising, stretching and cool down.
- Instructs participants on effective workout methods; explains proper techniques, demonstrates exercises, identifies different muscle groups, and teaches appropriate methods to strengthen specific muscles.
- Participates in all mandatory staff training and meetings and familiar with the facility's emergency procedures.
- · Completes all related administrative duties assigned.
- Ensures all program participants are aware of upcoming events, program changes or cancellations. Advises participants on program/class procedures and policies, as appropriate.
- Advises Lead Hand Aquatics and Inclusion Services of any customer service issues, complaints or inquiries.
- Complete accident and incident reports immediately following an accident or incident.
- Be self-motivated and a dependable team player.
- Represent the Township of King with a high level of professionalism.
- Understand and follow all applicable facilities, aquatic, Township policy and procedures, including Health and Safety, to ensure the aquatic facility remains safe, clean and healthy.
- Ensures the site, equipment and supplies are appropriate to the activity and environment to reduce and minimize risk to other staff and participants.
- Models and practices HIGH FIVE®- Principles of Healthy Childhood Development (Participation, Play, Mastery, Friends, and Caring Adult).
- Other duties and responsibilities as assigned.

The successful applicant will possess:

- Current Water Art, YMCA, or Cala Aquafit Certificate or other related courses.
- Good customer service and communication (written and verbal) skills to coach and mentor a diverse range of patrons in the program.
- The ability to work effectively with a wide range of fitness levels in a diverse community.
- Valid Standard First Aid & CPR-C Certification.
- HIGH FIVE® Principles of Healthy Child Development (PHCD) certification; Quest 2 certification an asset.

Salary Range: \$20.00 - \$40.00/hour (2024 Rate)

Qualified candidates are requested to forward their resume to hr@king.ca by **4:30 pm on December 19, 2025**Or to Human Resources at 2585 King Road, King City, Ontario, L7B 1A1

Please visit www.king.ca for full job description.

We thank all applicants and advise that only those selected for an interview will be notified.

Personal information (PI) is collected under the authority of the Municipal Act, 2001, S.0. 2001, c.25 and will be used to facilitate the hiring and recruitment process. Personal information (PI) will be protected in accordance with Municipal Freedom of Information and Protection of Privacy Act (MFIPPA). Questions about the collection of personal information (PI) should be directed to the Human Resources Department, 2585 King Road, King City, L7B 1A1 or (905) 833-5321.

We are an Equal Opportunity Employer. In accordance with the <u>Accessibility for Ontarians with Disabilities Act, 2005</u>, the Integrated Accessibility Standards Regulation 191/11 (IASR), and the Ontario Human Rights Code, the Township of King will provide accommodations throughout the recruitment, selection and/or assessment process to applicants with disabilities. If selected to participate in the recruitment, selection and/or assessment process, please inform Township Human Resources staff of the nature of any accommodation(s) that you may require in respect of any materials or processes used to ensure your equal participation.