



King Township Volleyball League

Declaration of Understanding

All teams and individual players agree to abide by the in-house league rules and the Ontario Volleyball Association rule book (OVA). All teams agree to operate under the guidelines outlined in this manual. All players are required to read the enclosed information prior to the start of the season and team captains are responsible for ensuring this document has been by all players in its entirety.

Important Information

- INAPPROPRIATE BEHAVIOUR, CONDUCT OR LANGUAGE WILL NOT BE TOLERATED!
- ANY MISCONDUCT WILL LEAD TO THE REMOVAL OF THE GAME AND POSSIBLE REMOVAL FROM THE LEAGUE
 - All games are self-officiated. Please be respectful when calling the game, especially for opposing teams violations and in's/out's
 - Players must provide their own running shoes and comfortable clothing. King Township will provide courts, nets, and volleyballs.
- If a mutual decision cannot be made, the ball will be re-served for that point
- King Township staff have the final decision in all matters
- Games will start ON TIME for a 60 minute time slot. The schedule will be emailed one week prior to the start of the league.
- Matches will be best of 3 games to 25 points (win by 2) with a 27-cap maximum (i.e. 27-26)
 - Matches that go to a 3rd game and time is limited, first to 15 points (max 17) or whoever is leading by the end of the time frame will receive the win for that game.
- There must be always 2 females on the court. If a team only has one female, then that team must play with five players. No female players results in a forfeit.
- Substitutions must always use a continuous rotation. This is done to ensure players won't be skipped. The person that served last takes a place on the bench. The person replacing them and starts at the middle back position.
- Teams must have a minimum of 4 team players 10 minutes after the game start time to avoid an automatic loss
- Each team captain must check with the staff and sign the Score Sheet for the match.
- Individual Registrations are not guaranteed and are subject to availability.

Rules of the Games

Serving

1. The server is required to serve from the back-end line and may move forward only after making contact with the ball.
2. The ball can be served using either an underhand or overhand technique.
3. Before serving, the ball must be clearly visible to the opposing team.
4. If the served ball touches the net and lands on the other side, it counts as a point.



5. In the first game, the serve is determined by a volley, while in subsequent games, the serve is performed by the team that lost the previous game.
6. When returning the serve, only a bump is allowed. Setting or attacking the serve is not permitted.
7. Maximum of five serves in a row.
8. Let serves are permitted and must be played (ie. if the ball hits the net and lands in then it counts)

Scoring

1. The game will employ rally scoring.
2. A point will be awarded on every ball score.
3. The offensive team will earn a point when the defensive team fails to return the ball or hits it out of bounds.
4. The defensive team will score a point if the offensive team fails to return the ball, hits it out of bounds, or serves into the net.
5. The game will conclude when a team reaches a total of 25 points.
6. To win a game, a team must have a lead of at least two points, with a maximum cap of 27 points (e.g., 27-26).

Rotation

1. Whenever a team wins the serve, they will rotate their players.
2. Player rotation shall occur in a clockwise direction.
3. Each team will consist of six players to ten players, with a minimum of two female players.
4. All teammates must participate in the game, with the bench player rotating in for the player who served last.

Playing

1. Each side is allowed a maximum of three (3) hits.
2. Players are prohibited from hitting the ball twice in a row, except when making a block.
3. During a volley and on serve, the ball is permitted to be played off the net.
4. If the ball touches a boundary line, it is considered in play.
5. A legal hit involves a player's body making contact with the ball above or at the waist level, without allowing the ball to visibly come to a rest.
6. When two or more players make simultaneous contact with the ball, it counts as one play, and those players cannot participate in the subsequent play.
7. Players are not allowed to block or attack a serve.
8. Position switches are only permitted between front-line players and can only occur after the serve has taken place.

Violations

1. Violation occurs when a player steps on or crosses over the line during a serve.
2. Failure to successfully serve the ball over the net.



3. Illegally hitting the ball by carrying, palming, scooping, throwing, etc.
4. Touching the net with any part of the body while the ball is in play. If the ball forcefully drives into the net, causing it to touch an opposing player, no foul will be called, and the ball remains in play.
5. Crossing the center line is not allowed.
6. Reaching over the net is generally prohibited, except under the following conditions:
 - During a follow-through.
 - When blocking a ball that is in the opponent's court and being returned (the blocker must not make contact until after the opponent attempting to return the ball has made contact), except for the third play.
 - Reaching under the net if it interferes with the ball or an opposing player.
 - Failure to serve in the correct order.



Code of Conduct

We treat each other, Township property and staff with respect.

We are accountable for our actions.

We are polite, courteous and professional in our interactions.

We speak clearly, listen actively and use appropriate words, tone and body language.

We value diversity of all facility users.

We provide assistance to each other.

We value differing opinions.

We appreciate and acknowledge each person's role and contribution.

We resolve conflicts respectfully.

We apologize for our mistakes and learn from them.



Release and Waiver of Liability

The participant hereby acknowledges full understanding of any and all risks involved with the use of King Township facilities; further, the participant indemnifies and saves harmless King Township, its affiliates, elected officials, directors, officers, employees, volunteers and agents from any liability in personal injury (including death), damages, loss, and/or theft resulting from the participant's use of or participation in any King Township program, service or facility.

The participant hereby waives, releases, and forever discharges King Township and its affiliates, elected officials, directors, officers, employees, agents, volunteers (collectively, the "Releases") from and against any and all liability, claims, demands, actions, or causes of action for costs, expenses or damages to property or personal injury (including death) (collectively, "Liability"), which may result from the participant's use of or participation in any King Township, program, service or facility. The participant hereby further agrees to hold harmless and indemnify the Releases from and against any and all Liability as a result of, or in any way connected with the participant's use of or participation in any Township of King program, service or facility.

I acknowledge that the personal information on this form is collected under the authority of the Municipal Act, 2001, S.O. 2001 c.M. 25. On behalf of myself and all participants listed above, I give permission to the Parks, Recreation and Culture Department or its representatives and volunteers to administer the Township's Parks, Recreation and Culture department programs, including but not limited to processing this registration form, collecting fees, assigning participants to various programs and recording any medical information (if required). On behalf of myself and all participants listed above, I give permission to the Township to arrange for emergency medical care including but not limited to hospitalization and /or transportation to a local doctor or hospital for medical treatment if necessary, and I consent on behalf of myself and the participants listed below, to the administration of such medical treatment, at my own expense. I release, discharge, indemnify and hold harmless the Township of King from and against all claims or proceedings in respect of any costs, losses, damage or injury, whether to property or personal injury resulting from or arising in connection with my participation, or the participation by those persons listed above, in any activity contemplated by this Registration. I hereby further agree that the Township, its staff, volunteers and other participants, shall not be liable, either directly or indirectly, for any claims, or any damages, costs and expenses respecting any act done in good faith, including but not limited to personal injury, death, property damage or loss resulting from or in connection with participation in any activity contemplated by this Registration, whether or not such injury, damage or loss occurred as a result of any negligence, negligent misrepresentation or breach of statutory duty and/or breach of contract on the part of the Township its staff, volunteers and other participants. By registering in a program I agree to medical attention and accept inherent risks associated with the program.

By engaging in the league, I am confirming that all of the information I have supplied is correct and agree to the terms and conditions for the Release & Waiver of Liability stated above.

Contact jquirk@king.ca for any inquiries