

Senior (55+) Drop-in Programming (June - August 2024)



All senior drop-in programs have an activity fee of \$1.00 for members and \$2.00 for non-members, unless otherwise specified. Specialty programs will be at an additional cost. Schedule is subject to change at any time. Visit king.ca/seniors or call 905-833-6565 for more information on senior memberships, trips and programs.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DROP-IN PICKLEBALL \$2.00 / 55+ Participant	<p>Beginner & Int./Adv. 6:00pm – 8:00pm TRISAN CENTRE - CURLING PAD 2 Courts - Beginner (2.75 & below) 2 Court - Int./Adv. (3.0 & above) 25 Max Participants EXCLUSION: JUL 1 & AUG 5</p>	<p>Beginner & Int./Adv. 1:00pm - 3:00pm TRISAN CENTRE - CURLING PAD 2 Courts - Beginner (2.75 & below) 2 Courts - Int./Adv. (3.0 & above) 25 Max Participants</p> <p>Beginner & Int./Adv. 5:45pm – 7:45pm KING CITY ARENA - ICE PAD 3 Courts - Beginner (2.75 & below) 3 Court - Int./Adv. (3.0 & above) 40 Max Participants</p>	<p>Beginner & Int./Adv. 1:00pm - 3:00pm TRISAN CENTRE - CURLING PAD 2 Courts - Beginner (2.75 & below) 2 Courts - Int./Adv. (3.0 & above) 25 Max Participants</p> <p>Beginner & Int./Adv. 6:00pm – 8:00pm NOBLETON ARENA - ICE PAD 3 Courts - Beginner (2.75 & below) 3 Court - Int./Adv. (3.0 & above) 40 Max Participants</p>	<p>Beginner & Int./Adv. 6:00pm – 8:00pm NOBLETON ARENA - ICE PAD 3 Courts - Beginner (2.75 & below) 3 Court - Int./Adv. (3.0 & above) 40 Max Participants</p>		<p>Beginner & Int./Adv. 10:00am - 12:00pm TRISAN CENTRE - CURLING PAD 2 Courts - Beginner (2.75 & below) 2 Courts - Int./Adv. (3.0 & above) 25 Max Participants</p>	<p>Leagues and Learn to Plays!</p> <p>Beginner Pickleball League (6pm – 8pm) NOBLETON ARENA (Tuesdays) - Course Code 22218 TRISAN CENTRE (Thursdays) - Course Code 22219</p> <p>Pickleball - Learn to Play - Mondays NOBLETON ARENA (6pm - 7pm) - Course Code 22220 NOBLETON ARENA (7pm - 8pm) - Course Code 22221</p>
KING CITY SENIORS CENTRE	<p>Mobility Matters 10:00am-11:00am 11:00am-11:45am Music & Movement 1:00pm-1:15pm Cribbage 1:00pm-4:00pm Knitting/Crochet 2:00pm-4:00pm</p>	<p>Line Dancing 10am-11:30am</p> <p>Bid Euchre 1:00pm-4:30pm</p>	<p>Mobility Matters 10:00am-11:00am 11:00am-11:45am</p> <p>Bridge/Board Games 1:00pm-4:00pm</p>	<p>Gentle Motion 9:30am-11:00am</p> <p>Carpet Bowling 1:00pm-4:00pm</p>	<p>Art Class (2nd and 4th Friday) 9:00am-11:00am \$11 fee EXCLUSION: JUNE 28</p> <p>Progressive Euchre 1:00pm-4:30pm</p>	<p>UPCOMING EVENTS</p> <p>Potluck: Nobleton June 27, 10am - Nobleton Arena</p> <p>Protect Your Vision with Dr. Wendy Ng July 19, 10am - King City Seniors Centre</p> <p>What is Radon? August 9, 10am - King City Seniors Centre</p> <p>Hearing Assessment Clinic August 12, 9:30am-3pm, King City Seniors Centre</p>	
NOBLETON ARENA	<p>Mobility Matters - Free 1:00pm – 1:45pm</p>			<p>Presentations/Workshops Please check back in the fall!</p>	<p>Mobility Matters 1:00pm – 1:45pm</p>		
TRISAN CENTRE	<p>Mobility Matters 2:15pm - 3:00pm</p>		<p>Bridge 7:00pm - 9:00pm</p>		<p>Mobility Matters 2:15pm – 3:00pm</p>		
SCHOMBERG HALL	<p>Presentation/Workshop Please check back in the fall!</p>						
55+ Shiny & Public Skate	<p>55+ Shiny and free public skating available for 55+ at various locations and times. Visit king.ca/dropinprograms for more information.</p>						